

# Sue Ricks School of Complementary Therapies

## Recommended Books

| <b>Title</b>   | <b>Author</b>                                  | <b>ISBN</b> |
|--|--|-------------|
| 500 of The Most Important Health Tips You'll Ever      | Hazel Courtney                                 | 1903116341  |
| A Guide for the Advanced Soul                          | Susan Hayward                                  | 0957702574  |
| A Text Book of Anatomy and Physiology 3rd Edition      | William Arnold Taylor                          | 0748736344  |
| A Woman in Your Own Right                              | Anne Dickson                                   | 0704334208  |
| An Unquiet Mind  | Kay Redfield Jamison                           | 0330346512  |
| Animal Speak   | Ted Andrews                                    | 0875420281  |
| Aromatherapy, A Step by Step Guide,                    | Lavery   | 1862040125  |
| Awakening Intuition                                    | Mona Lisa Schuiz, MD                           | 0553812122  |
| Barefoot Doctors Handbook For Hero's, A spiritual...   |  | 0749919817  |
| Barefoot Doctors Handbook For The Warrior, A Spirit... |  | 074991811X  |
| Begin It Now   | Susan Hayward                                  | 0959043918  |
| Better Health with Foot Reflexology                    | Dwight C Byers                                 | 0961180420  |
| Between Heaven And Earth, A guide to Chinese Medicine  | Harriet Beinfeld, LAC and Efreem Korngold, LAc | 0345379748  |
| Beyond Fear  | Dorothy Rowe                                   | 0006371019  |
| BMA New Guide to Medicines and Drugs                   | Dorling Kindersley                             | 1405302631  |
| Breaking the Bonds                                     | Dorothy Rowe                                   | 0006375650  |
| Cancer: Why We're Still Dying To Know The Truth        | Phillip Day                                    | 0953501248  |
| Candida Albicans                                       | Dr Sarah Brewer                                | 0722533918  |
| Candida Albicans: Could yeast be your problem?         | Leon Chaitow                                   | 0722524528  |
| Celestine Prophecy - An Adventure and An experiment    | James Redfield                                 | 0553409026  |
| Clear up Your Clutter with Feng Shui                   | Karen Kingston                                 | 0749918241  |
| Clearing the Clutter                                   | Mary Lambert                                   | 1903116139  |
| Colour Secrets: Transform your Life wth Colour         | Mary Lambert                                   | 1903116384  |
| Creating Sacred Space with Feng Shui                   | Karen Kingston                                 | 074991601X  |
| Creative Visualisation                                 | Shacti Garwin                                  | 1880032627  |
| Dare to Connect  | Susan Jeffers                                  | 0749915463  |
| Dictionary of Symptoms                                 | Dr Robert Youngson                             | 0747531056  |
| Discovery of Magnetic Health                           | George J Washins and Richard Z Hricak          | 0963956019  |
| Embracing Uncertainty                                  | Susan Jeffers                                  | 0340768622  |
| End The Struggle And Dance With Life                   | Susan Jeffers                                  | 0340654449  |
| Fearless Living  | Rhonda Britton                                 | 0340794879  |
| Feel the Fear and Beyond                               | Susan Jeffers                                  | 0712608834  |
| Feel the Fear and Do It Anyway                         | Susan Jeffers                                  | 0712671056  |
| Feng Shui Made Easy                                    | Master Lam Kam Chuem                           | 1856750477  |
| Follow Your Heart                                      | Andrew Matthews                                | 0646310666  |
| Food Combining for Health. (Hay System)                | Doris Grant and Jean Joice                     | 0722508824  |
| Food for Thought                                       | Phillip Day                                    | 1904015042  |
| Food That Harms Food That Heals                        |  | 0276421930  |
| Further Along the Road less Travelled                  | MScott Peck                                    | 0671015818  |
| Get Well, Stay Well                                    | Dr Paul Sherwood                               | 0007103956  |
| Giant Steps  | Anthony Robbins                                | 0671891049  |
| Handbook of Clinical Dietetics                         | Dr George Bennett                              | 095252631X  |
| Hands of Light   | Barbara Ann Brennan                            | 0553345397  |
| Harry Oldfields Invisible Universe                     | Jane and Grant Soloman                         | 0722536526  |
| Healing The Heart                                      | Deepak Chopra                                  | 0712671250  |
| Homeopathy, A Step by Step Guide                       | Marks  | 1862040079  |

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|--|--|-------------|
| How to Get What You Want                                     | John Gray                                | 0091826500  |
| How to Get what you Want in the Work Place                   | John Gray                                | 0091876745  |
| How We Work  | Susan Greenfield, Philip Whitfield       | 0950790141  |
| Human Body   | Ted Smart                                | 0751335142  |
| In Search Of Stones  | MScott Peak                              | 067100476X  |
| Language of the Feet   | Chris Stomer                             | 0340643455  |
| Life!  | Louise L Hay                             | 1561703125  |
| Light Emerging   | Barbara Ann Brennan                      | 0553354566  |
| Live Right 4 Your Type                                       | Dr Peter J'Damumo with Catherine Whitney | 0718144767  |
| Living Without Sugar   | Elbie Lebrecht                           | 0586201068  |
| Losing a Love, Finding a Life                                | Susan Jeffers                            | 0749917911  |
| Love Charms  | Laura J Watts                            | 1842152777  |
| Made For Life  | Colin Turner                             | 0340728876  |
| Mans Search For Meaning                                      | Viktor E Frankl                          | 0671023373  |
| Mars and Venus, Starting Over,                               | John Gray                                | 0060175982  |
| Men are From Mars, Women Are From Venus                      | John Gray                                | 072252840X  |
| Men Are From Mars, Women Are From Venus, Children...         | John Gray                                | 0091826160  |
| Men, Women and Relationships                                 | John Gray                                | 0061010707  |
| Mind Workbook  | Betty Shine                              | 055214214X  |
| Natural Healing for Dogs and Cats                            | Diane Stein                              | 0895946149  |
| Nothing is Impossible  | Christopher Reeve                        | 0712638946  |
| Nutritional Influences on Illness                            | Melvyn R Werbach                         | 0879835311  |
| Positively Single  | Vera Peiffer                             | 0007133057  |
| Practical Miracles for Mars and Venus                        | John Gray                                | 0091852374  |
| Pure Bliss   | Gill Edwards                             | 0749920521  |
| Raising Boys   | Steve Biddulph                           | 0722536860  |
| Reading Toes - Your Feet are Reflections of Your Personality | Imre Somogyi                             | 0852073100  |
| Reflex Zone Therapy for Health Professionals                 | Lett                                     | 0443060150  |
| Reflexology A Step by Step Guide                             | Ann Gillanders                           | 1856750817  |
| Reflexology for Women  | Nicola Hall                              | 072252868X  |
| Reflexology Handbook   | Laura Norman                             | 0861889126  |
| Reflexology, A Practical Approach 2nd Edition                | Vicki Pitman                             | 0748765778  |
| Reflexology, A Step by Step Guide                            | Nicola Hall                              | 1862040109  |
| Reflexology, The Definitive Practitioners Manual             | Beryl Crane                              | 1862041253  |
| Reflexology: A Practical Introduction                        | Inge Dougans with Suzanne Ellis          | 1862041601  |
| Safe Shoppers Bible  | Steinman and Epstein, Md                 | 0020820852  |
| Sick and Tired   | Young, PhD, DSC Young LMT                | 1580540562  |
| Simple Abundance , A Day of Comfort and Joy                  | Sarah Ban Breathnach                     | 0553506625  |
| Stories the Feet Can Tell Thru Reflexology...                | Eunice D Ingham                          | 0961180439  |
| Supertherapies   | Jane Alexander                           | 0553409972  |
| Swimming With Piranha Makes You Hungry                       | Colin Turner                             | 0340728884  |
| Ten Minutes to Midnight                                      | Phillip Day                              | 1904015085  |
| The ABC's of Disease   | Phillip Day                              | 1904015127  |
| The Anatomy Colouring Book                                   | Wynn Kapit, Lawrence M. Elson            | 0805350861  |
| The Back and Beyond  | Dr Paul Sherwood                         | 0099438410  |
| The Body Mind Workbook                                       | Debbie Shapiro                           | 1852301678  |

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|--|--------------------------------------|-------------|
| The book of Crystal Healing                                  | Liz Simpson                          | 1856750299  |
| The Celestine Vision   | James Redfield                       | 0553506374  |
| The Complete Illustrated Guide to Reflexology                | Inge Dougans                         | 1852308745  |
| The Dark Side of the Brain                                   | Harry Oldfield & Roger Coghill       | 1852300256  |
| The Feng Shui Garden   | Gill Hale                            | 1854105469  |
| The Feng Shui Handbook                                       | Derek Walters                        | 085030959X  |
| The Field, The Quest for the Secret Force...                 | Lynne McTaggart                      | 0722537646  |
| The Human Body   | Dr Tony Smith                        | 0751352713  |
| The ion Miracle  | Jean Yves Cote, Reseau Quebec        | 2922562016  |
| The Metamorphic Technique                                    | Saint Perre and Shapiro              | 1852300329  |
| The Miracle of PI-Water                                      | David Ys Kim, MD and Kazuko Kuriyama | 0967057108  |
| The Muscle Book  | Paul Blakey                          | 1873017006  |
| The Original Works of Eunice D Ingham                        |                                      | 0961180439  |
| The Pocket Herbal Reference                                  | Rita Elkins, MH                      | 1885670370  |
| The Popcorn Report   | Faith Popcorn                        | 0099230615  |
| The Power of Gems & Crystals                                 | Soozi Holbecke                       | 0861889541  |
| The Reflexology Handbook                                     | Laura Norman                         | 0861889126  |
| The Reflexology Manual                                       | Pauline Willis                       | 0747278229  |
| The Reflexology Partnership                                  | Suzanne Adamson & Eilish Harris      | 1856261492  |
| The Richest Man in Babylon                                   | George S Clason                      | 0451165209  |
| The Road Less Travelled                                      | M Scott Peck                         | 0099727404  |
| The Royal Society of Medicine Directory of Symptoms...       | Robert Youngson                      | 0747531056  |
| The Surrendered Single                                       | Laura Doyle                          | 0743219864  |
| The Tao of Pooh  | Benjamin Hoff                        | 0416195113  |
| The Tenth Insight  | James Redfield                       | 0553504185  |
| The Visual Dictionary of The Human Body                      | Eyewitness                           | 0863187005  |
| The Vitamin Bible  | Earl Mindell                         | 0851406726  |
| The Whole Story: Alternative Medicine on Trial?              | Toby Murcott                         | 1403945004  |
| Think and Grow Rich  | Napolean Hill                        | 0879804440  |
| Time For A Change  | Richard Bandler                      | 0916990281  |
| Treat Your Own Back  | Robin McKenzie                       | 0959804927  |
| Treat Your Own Neck  | Robin McKenzie                       | 0473002094  |
| Understanding Disease  | John Ball                            | 0852072295  |
| Vibrational Medicine for the 21st Century                    | Richard Gerber                       | 0749921870  |
| Water Feng Shui for Wealth                                   | Lillian Too                          | 983977803X  |
| What Doctors Don't Tell You                                  | Lynne McTaggart                      | 0722530242  |
| What Your Mother Can't Tell You, and Your Father Didn't Know | John Gray                            | 0091806534  |
| When I Loved Myself Enough                                   | Kim McMillen with Alison McMillen    | 0283073373  |
| Why Men Don't Listen and Women don't Read Maps               | Allan and Barbara Pease              | 0646349074  |
| Why Men Lie and Women Cry                                    | Allan and Barbara Pease              | 0752847279  |
| Winnie the Pooh on Problem Solving                           | Roger E Allen and Stephen D Allen    | 0413707105  |
| Women who Love Too Much                                      | Robin Norwood                        | 0099482304  |
| You Can Heal Your Life                                       | Louise L Hay                         | 1870845013  |